KISLINGBURY NEWS October / November 2020



Kislingbury Parish Council - Directory

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	KPFA representative	004004
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Ron Hoodak	Tree Warden	839143
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Anne Upton	Village Archivist Village Archivist	833422
Chrissie Key	Village Hall Booking Clerk	831824
-	NHW Coordinator	07754471120
Deni Topliss		0//044/1120

Parish Council Meetings are held on the third Tuesday of each month in Kislingbury Village Hall at 7.30pm. The press and members of the public are welcome to attend.

Minutes can be seen on Parish Notice Boards, in the Church Porch and online at: <u>www.kislingburypc.org.uk</u>

October /November 2020 edition of the Kislingbury News

The deadline for the December 2020/January 2021 issue is Friday, 20th November, 2020.

Where possible contributions should be sent in electronic format by email to:

kislingburynews@hotmail.co.uk or delivered to Barbara Floyer, at 6 The Orchard, Kislingbury.

There is no Village Diary again this month due to the ever changing circumstances with COVID - 19.

Check with the organisers of your groups and societies for more information

For up to date information about what is happening in the village log into Facebook at



Regular Events

Many of these will be amended or cancelled. Check with the organisers

Play Group open during Term Time at Village Hall Bell Ringing Monday Nights 7.30pm – 8.30pm Kislingbury Parish Council meets 3rd Tuesday of every month in the Village Hall **Kraft Shack Group - Every Wednesday - 8pm** further information - Tel: 07788737052 or 01604 754518 or email: mopalmer@gmail.com Voyage of Light every 2nd Tuesday of the month excluding January and August. KOFs - Every Thursday 10.30am at the Village Hall Line Dance Classes in Village Hall - Thursday, Beginners 12.30 -13.30 & Improvers 13.00 - 15.00 - 07788 737052 or 01604 754518 Art Group - Thursday afternoons at the Village Hall 2.15-4.15pm Cycle Club - Meets at Sun Inn every Saturday at 9.30am Kisle Runners - Playing Fields, Sunday morning from 8 am

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Welcome back to all our customers that have continued to support us and our new way of working! Our hours of opening are currently:

> Monday to Friday: 5pm - 10pm Saturday: 12 noon - 10pm Sunday; 11am - 10pm

Food Specials: 6pm - 9pm

Tuesday: Pie and a Pint (or medium glass of house wine). A selection of 3 pies (2 meat, 1 veg), each served with fresh vegetables, mash or chips and gravy. - £10

<u>Wednesday:</u> Curry and a Pint (or a medium glass of house wine). A delicious homemade curry, served with rice, pakora and poppadom. - £10

Friday and Saturday: Pizza Night 6 pm - 9pm in The Sun or Delivery to village only 6pm - 8pm For delivery only call 07950606682

Sunday Lunch: Midday - 4pm

All out menus can be found on our website:

www.thesuninnkislingbury.co.uk

Quiz night: Last Sunday of every month.

Meat Raffle every Sunday - £1 per ticket.

Covered and heated outdoor seating will be in place from mid-October.

In these ever changing times **please follow us on Facebook for updates and events** - @thesuninnkislingbury or on our website. **www.thesuninnkislingbury.co.uk**

Tel: 833571 or Email - thesuninnkislingbury@yahoo.co.uk Web - www.thesuninnkislingbury.co.uk







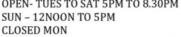
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THE PARISH CHURCH OF ST LUKE.

Our services have been going well and we are getting used to all the restrictions. The new 6 inside and 6 outside guidelines will restrict what we can do so we were so pleased that our **Tea and Cakes Afternoon** went ahead as planned. Covid guidelines were followed and we were blessed with good weather which was a real bonus. Enormous thanks to all those who baked cakes for us and most especially those who helped – it was very difficult to make sure all was done correctly but we managed and the afternoon was thoroughly enjoyed by all who attended. £165 was raised for the Church Fabric Fund which was marvellous.

It looks as if life is going to be very strange for a long while to come and we will need all our strength, and our humour to get through. In our prayers this Sunday we gave thanks for all those who have, and are, helping to look after others, from buying food and getting prescriptions to simply offering a friendly smile and a quick chat. It means such a lot.

I heard today from a very old friend who related the wonderful response Northampton General Hospital had received from their Covid charity. This ranged from an enormous number of offers of help in all areas of the hospital and endless donations towards making staff and patients more comfortable and able to cope. They were apparently overwhelmed with the public's kindness and generosity. This is good to remember when we hear only doom and gloom on the News.

We pray that when this pandemic is over we will emerge as better people, kinder and more tolerant towards others. We will hopefully look back at the positives with thanks and learn from the negatives.

"Lord, we come to you in the assurance that you are present with us now. We do not have to seek your presence, we are daily living in your presence. Make us aware of it, make it real to us. And help us to know that we are speaking to one who is near and not far off, whose love is all around us and who knows our every need. So may we be relaxed in your presence and our hearts be at peace."

THE CHILDREN'S SOCIETY

Despite everything it is still Opening Time! May I have your collection boxes for counting please, either by leaving at 3 Church Lane or I can collect if you let me know. Very many thanks.

Judith Tonge

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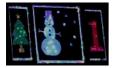


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ADVENT WINDOWS 2020











Hi Everyone, I know it's a little early to start thinking about this, but I would like to start getting ready for Advent Windows this year! After the success of last year I think we will be in line for a great December.

How it works is - we need 24 or more houses each to decorate a window with a number in it (I will give you a number in due course). You can choose to decorate the window in any Christmas theme you like, but we must be able to see the number. It needs to be lit so we can see it from the outside. (Google Advent windows for some ideas).

The village becomes an Advent Calendar. Number one will be switched on at 6pm on the 1st December, number one and two on the 2nd December etc. The windows need to be lit from 6pm till 9pm on the day and days after your date. This way people can walk around the village to see all the windows. Like opening an Advent Calendar, until it is lit we don't know what to expect!

Now it might have to be a little different from last year with social distancing in place, we may not be able to offer food and drinks (sad times). I'm hoping this year we will get lots more houses involved and have multiple windows every night.

If you would like to join in please can you email me with your name, house number and street name. Then by November I will send out your window number.

Thank you everyone. Nicky Wilmot

matt_nicky@btinternet.com

Light Up St Luke's

I have managed to arrange for people to actually do the draw in person rather than by phone.

In August Deni Toplis drew the ticket belonging to Sarah Mayo, and in September I asked Shirley Faulkner to do the draw and the winning ticket was held by Carol Moody. Both prizes were £20 each.

Congratulations to the winners and many thanks to Deni and Shirley. Leslie Hartwell



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KEEP SMILING & KEEP SAFE

AUTUMN 2020

As a result of the latest Covid-19 situation, the Kislingbury Art Group will not be holding any meetings for the forseeable future, until such time that we can be confident of the safety of our members meeting as a group.

The Art Exhibition planned for Saturday 31st October is now unlikely to take place and hopefully we will be able to plan for an event in the New Year.

MEMORIES FROM PREVIOUS ART EXHIBITIONS & CRAFT FAIR



<u>The group</u> is organised, to provide a venue for artists of all abilities from beginners to fully experienced; to meet together, to paint, and share the company of others with similar interests, in a non formalised group. We meet on Thursday afternoons at the Village Hall between 2 pm and 4pm. For further info contact either:

Judith 830421 or Mike 831747



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DIAGNOSTICS

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Now completing Bike MOTs starting on the 23rd June 2018 every other Saturday.



Kislingbury Friendship Club

(Previously Kislingbury Arts & Crafts Society)

I am sorry to say there is nothing much to report. As things stand we hope to hold our **Annual General Meeting on Tuesday 26th January next year.** We are keeping a positive outlook but with an eye on restrictions placed on meetings such as ours.

Members will be notified of meeting details when we have a better idea as to whether we can proceed as planned.

Meanwhile, keep safe, well and warm!

Doreen Hartwell.

<u>Thank You</u>...

Stephen and I have always considered ourselves privileged to live in Kislingbury. My family and I were reminded of this following Stephen's long illness and then death in summer.

We miss him every single day but the love warmth and support we have received from friends and villagers have helped tremendously - thank you

Brigitte

Francis Beasant and immediate family would like to sincerely thank family, friends, neighbours, all at St Luke's Church, The Red Lion, and Kevin Matthews Funeral Services for making Margaret's funeral such a fitting and moving occasion.

The family truly gives thanks for the profusion of cards, personal condolences, and generous donations to the Church Fabric Fund.

Thank you to all the lovely people - the volunteers - who have kindly delivered our medication from Bugbrooke Surgery over the last few months, it has been much appreciated.

Jennifer and Fred Smith, Sandy Lane



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THURSDAY - 15th October 5.30pm - 8.30pm - 19th November

Eat-in or Takeaway at Kislingbury Cricket Club The Playing Fields, Beech Lane

Kislingbury Mill Development



The new development at Kislingbury Mill will be coming to the open market in the Autumn, however if anyone is interested locally and would like to make an enquiry with a view to secure purchase before we go to the open market, then call:

Greg (07973 525502) or Shaun (07793 667007) to discuss.



Kislingbury remains a relatively low crime area compared to neighbouring towns and villages, however, this can lead to complacency. As we approach autumn and daylight hours reduce, now is the time to review home security to protect against residential burglary.

Northamptonshire Police's website contains information and crime prevention advice to enable residents to assess their own security; advice includes protecting valuables, physical building and perimeter security. The advice on the opposite page gives details of the force's crime prevention web pages providing details and specifications for doors, windows, locks and other security systems.

差灭光共为天房 差灭光共为天房 差灭光共为天方天光

KISLE RUNNERS

Large group runs are temporarily suspended due to Covid-19, however, we are successfully running in maximum groups of 6 people, staggered starts and socially distanced to comply with government restrictions.



Want to run with a friendly social running group? .. Why not come and join us on a Sunday morning?

Everybody welcome: beginners, intermediates and the experienced.

I've noticed a lot more runners around the village during lockdown.

Why not continue your new fitness regime...come and join us!

Every Sunday we meet at Kislingbury playing fields and whilst the restrictions are still in place, we run at: 8:00am, 9:00am, 9:10am. All ages are welcome – we ask only that children be accompanied by an adult.

Don't forget the buggies!

NB: Contact Lawrie on: 07885 562672 if you want to run,

vou will be added to a list of runners, and put in a suitable group.

NB: Please wear appropriate clothing!

If you've never run with us before, why not give it a go?

"It's not about being the best...it's doing your best" Like us on Facebook: @Kislerunners Check our FB page mid-week for the Sunday run as well as any additional news!

For further info: message via FB page



差灭九癸岁茂房 差灭九癸岁茂房 差灭九癸岁茂房灭九

Protecting your home

Feeling secure at home is a priority for everyone. Carrying out a security survey on your property will help identify areas where improvements could be made, such as making sure locks are of a suitable standard, hedges and fences are well maintained and external lighting is in good working order.

The illustration opposite gives you a step by step guide to conducting a survey on your home. It's a good idea to do this a couple of times a year, in spring and autumn.

Here are a few simple tips to help you reduce the risk of becoming a victim of burglary:

- Keep front and back doors locked at all times – even when you are at home
- If you open windows for air, make sure that they are closed before you go out or leave the room
- Keep keys and other valuables out of sight and reach from cat flaps, letterboxes and downstairs doors and windows
- Leave a light on or use a timer switch so that your house looks occupied if you are out after dark
- ✓ Don't forget garages, sheds and outbuildings – make sure they're locked and secure too
- Make sure your home is visible from the street by keeping bushes and fences low at the front, and use dusk to dawn lighting to light up the property after dark
- When investing in new doors and windows, check they meet relevant security standards

Protecting your car

If you drive, make sure you look after your car:

- Always keep your car locked and close the windows - even if you are only leaving the vehicle for a few moments
- Always remove all items from your vehicle when parked - even an old coat may be enough to tempt a thief
- Ensure when removing your sat nav, that the cradle and suction pad are also removed and any suction marks are wiped away
- Keep keys safe at all times and never leave them in the ignition, not even at a garage when paying for petrol
- Park your car in your garage if you have one and look out for Park Mark* car parks when out and about



*To find out more about Park Mark, visit www.parkmark.co.uk

Keep keys and other valuables out of sight and reach

For more information visit our crime prevention pages at

www.northants.police.uk

If you have any questions about home security, please call us on **101** and ask to speak to your local crime prevention officer.

If you have any information about crime or criminals, call police on **101** or call Crimestoppers anonymously on **0800** 555 111.

To report a crime or for general enquiries call 101 In an emergency, dial 999 Visit www.northants.police.uk

Five simple steps to help make your home secure

There are many reasons why you might survey a property, such as to prevent a crime happening in the first place. Successfully protecting your home from burglary involves building up layers of protection, so when you carry out your survey, think of your property as if you were peeling an onion – start at the boundary and work inwards towards the core. Whilst surveying make a note of what security you already have in place as this will help you spot any gaps and potential weak points.









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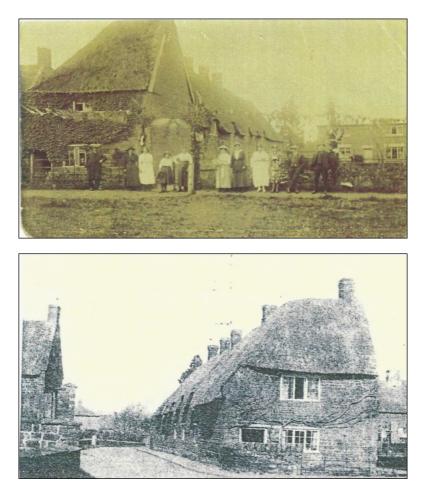
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Tales from Kislingbury Archives

Blue Row Cottages pictured c1910. Situated on the corner of The Green and Church Lane, these seven cottages were demolished in the 1930s - the houses in the background becoming 22 The Green.



If you have any photographs, documents or recollections that you think may be of interest, please contact us. We can make copies of anything you may not wish to part with:

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Kislingbury over Fifties



AUTUMN NEWS

Every week since the beginning of March when Covid 19 arrived in our country, the KOFS have issued a weekly newsletter to both our members and friends in the village.

We had hoped by now to have had the opportunity to get together as a group for our Thursday coffee mornings. This now seems unlikely this year, and as a result we will continue to issue the weekly newsletter.

We have used our archives to remember the many events that we have enjoyed in the past including our Summer barbecues.



The KOFS wish you all GOOD HEALTH and KEEP SAFE for the coming year.

The KOFS will meet again at the Village Hall every Thurs at 10.30 am for a coffee & a chat. For further information contact a committee member.

Eddie Harley 830001 Shirley Faulkner 830104 Jenny Massingham 831039 Dennis Tidmarsh 830074

Mike & Jackie Jackson 831747 Bernard Gent 830579 Christiane Scrivener 830994 Deni Topliss 453090

Kislingbury Amblers



We meet on the 1st and 3rd Wednesday of every month at the Olde Red Lion if you wish to join us

Out in the fresh air again for our first August walk. We met in the car park adjacent to Brampton Halt Railway and after crossing the railway line, turned right heading towards Northampton.

A short way down the lane, we crossed the track and continued on our way until reaching a newly built property on our right and where, once again, we crossed the line.

This time we headed through a wooded area and upon reaching a corn field, we took a right turn on to a well trodden path which led us to the lane which runs alongside the Windhover Public House.

After crossing at the pedestrian lights, the Amblers took the path that runs alongside the main Welford Road and forms part of the Brampton Valley Way.

After approximately 20 minutes, our group passed through a gate and this is where we had a short break. Refreshed, we continued over a small bridge and across fields before reaching the railway crossing of the main line from Northampton to Birmingham.

Continuing on and around the farm buildings, we reached the outskirts of Harlestone Firs. Upon entering the Firs, we turned right and took the path that passes through Northampton County Golf Course and reaches the main road through Church Brampton. It was now time to head back to Brampton Halt, but not before taking the advice set out in the Village Emporium booklet of visiting the secret garden. We were all, to say the least, disappointed as the secret garden had become very over-grown and virtually impossible to visit (except by two of our walkers who were not to be denied). Even so, they were unable to complete the circuit of the garden and had to return via the way they entered. All agreed it was a very enjoyable walk of 6.2 miles.

Our second walk commenced from the Jubilee Playing Field in Weedon Bec.

Leaving the playing field we walked under the railway and canal and headed along the tow path towards Stowe Hill in fine and cloudy conditions, which soon changed and we were all soaked by the end of the walk.

On the way we walked past a pair of swans with six very fine cygnets, mum and dad had done a marvellous job in raising the six.

Leaving the canal tow path we headed across country finally ascending a steep hill into Church Stowe, this is where we took a short break in the entrance to the church. We headed back towards the tow path, initially along the road, then when we had crossed the A5 across the fields passing on the way the now disused railway line which served the now abandoned quarry.

Once back on the tow path we returned to Weedon Bec for lunch at The Turnpike. Kislingbury's own Percy Thrower did manage, on this occasion, not to leave his wife at the bottom of a hill. Instead, this time, he lost one of our group who had left the tow path too early, however, she was recovered, albeit I might add not by Percy Thrower.

September Walk

The Amblers' September walk was a revisit of a walk commencing from Ecton. This time, due to unforeseen circumstances, only 5 walkers started up the High Street and then crossed the A4500 towards East Lodge Farm (all the time adhering to Government Guidelines).

We subsequently reached Sywell Country Park where a very pleasant walk around the reservoir took place. One of our members jumped at the chance of volunteering to litter pick whilst on our journey.

Completing our tour of the reservoir and after depositing the litter-pickers haul, we climbed the steep hill which led us back to the starting point. (A total of 2 hours 20 minutes including a short comfort stop).

CORONAVIRUS – HERE TO HELP!

Your community charity, Kislingbury Town and Charity Estates, has provided financial or other assistance to elderly village residents in need for over 600 years, through previous pandemics, and is here to help again.

I know an elderly resident who could do with some support – what can I do?

If you know of someone who needs financial or other assistance through this difficult time, we can help.

If you are organising some voluntary assistance to the elderly in the village that might need some financial support, such as buying key supplies, we can help.

Please contact our Chairman Martin Upton on (01604) 833422 or our Clerk Jim Wood on (01327) 872670 for a strictly confidential discussion – the Trustees can meet by telephone conference call at short notice to consider applications.

GIRL FRIDAY

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Kislingbury Bowls Club vs. Covid 19. - End of season report.

Sadly, in common with many other sports, your village bowling club has suffered as a consequence of Covid-19. Our 2020 fixture list had to be abandoned at the end of April, before the season had even started. All of our internal and county competitions were cancelled as was our very popular Kislingbury Tournament whereby we would have had over 90 players from all over Northamptonshire and neighbouring counties.

However, the men did manage to play a few casual games against Express Lift BC, St. Crispin's BC and Roade BC with reduced teams and no after match refreshments etc. We also organised some "turn up and play" sessions on Sunday afternoons in September which have proved popular with a number of members.

The Ladies decided not to play any other teams at all during this season.

During the summer season we had new floodlights installed which allowed us to play the annual "Flood Lit Triples" competition during the last week of September with the usual amount of entries. This year the winners were Sam Smith, Geoff Smart & Jan Robertson and the runners up being Martin Steele, Pauline Boyson and Margo Tutchener. Congratulations to the winners and commiserations go to the runners up.

Although the season has been a write off as far as playing matches is concerned, we have attracted a few new members and they have taken full advantage of the limited number of times that we have been able to play. Hopefully things will get back to normal next year and these new members will be able to enjoy a full season of playing.

Not unexpectedly, the winter Wednesday afternoon Shortmat Bowling Season has also been cancelled as have the Tuesday Evening Leagues.

Your village bowls club is regarded as one of the finest in the county both for the quality of the green and playing facilities. Many villagers pass us by when they are quite welcome to come in and watch or even have a go at a sport that attracts players of all genders, creed and ages. Perhaps in 2021 you will like to visit us and see what we're about. In the meantime please visit our new website at:

http://www.kislingburybowlsclub.co.uk/community/kislingbury-bowls-club-18511/home/

We also have a Facebook and Twitter pages if you're into social media.

In 2021 KBC will celebrate 50 years since it reformed in 1971. Several members who played then are still with us and are still playing. To mark the event a celebration match has been arranged with Bowls England and we hope to have some new players to play against the administrators of our sport.

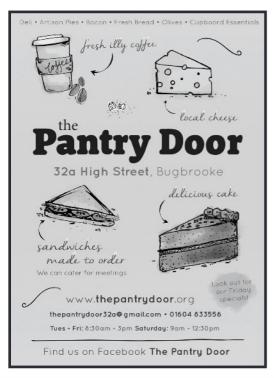
Please check out the BE site at: <u>www.bowlsengland.com</u>

As we say in the bowling fraternity. Winter Well, Keep Safe.

Peter Saunders: Men's Captain

Margo Tutchener: Ladies' Captain





Cheryl Gorman Pilates and Fitness

Pilates Classes

Kislingbury Village Hall Mon 7pm to 8pm

Classes are following Covid 19 restrictions/regulations as set out by the Government – including social distancing, track & trace and thorough sanitisation of the hall/facilities.



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Cheryl is a GP exercise referral specialist For more information:-Tel:07931560734 or visit www.cherylgormanpilatesandfitness.co.uk



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Getting on Top of Stress!

In one way or another, we have all been there. Stress is one of the worst feelings imaginable. When it gets too awful, we lose hair, raise our blood pressure, and even suffer heart attacks. The only way to deal with it is to take a deep breath, step back from the problem, and have someone else deal with it! Just joking! In reality, it's difficult to manage in normal times let alone these stress induced times!

It is something difficult to define because what is seen as a source of stress by one person may be seen by another as a challenge or opportunity. One major cause of harmful stress (dis-stress) seems to be a loss of control when other people seem to be, in some way, in charge of their life.

This may be an employer, a senior colleague at work, a friend, a relative, a next door neighbour or a dominant person in our domestic lives. Professor John Grange, a microbiologist who is also a committed Christian, said a few years ago at a conference people "need to be able to make sense of their lives and what is going on around them, to have a sense of control and to have a positive approach to life's challenges."

For many years the role of spirituality and religion in healthcare has been by and large ignored, but thankfully today the situation is very different. Many medical professionals across all disciplines are convinced of the link and there is a good deal of research evidence, although, like in many other medical fields, more is needed.

Research has shown that an important factor in well-being is that a person should feel part of outward-looking social networks, something for which the Christian faith through the coming together as a Church community can be the focus and help.

Yes, as Professor John Grange would agree, Jesus promised rest to the heavy-laden (Matthew Chapter 11 v 28) but, as he points out, we must tackle the fundamental causes of stress and not just "apply the soothing balm of palliation."

If you are suffering from stress in whatever way it presents itself, please feel free to contact me. I'm not promising easy of the shelf remedies or platitudes just a sympathetic listening ear and possibly help in pointing towards those who can offer professional help.

The Christian faith does not give us a simple get out of jail card. Jesus at the end of a passage where he tackles the question of worrying, simply says, "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own" (Matthew Chapter 6 v 34).

I will finish with a quote from John Newton (writer of 'Amazing Grace'): "We can easily manage if we will only take, each day, the burden appointed to it. But the load will be too heavy for us if we carry yesterday's burden over again today, and then add the burden of the morrow before we are required to bear it."

Stephen French, Rector of Bugbrooke, Harpole, Kislingbury and Rothersthorpe

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All services will comply with Government Covid-19 guidelines.

A warm welcome awaits whether or not you wish to partake of communion and just simply enjoy the service.

Kislingbury & Upton Baptist Church (KUBC)

All church gatherings including Sunday services, prayer meetings, small groups, tots groups, etc. are suspended until further notice.

Join us at our live streamed services at 10.30am each Sunday morning via Zoom. This can be accessed through our website

www.kislingburyanduptonbaptistchurch.org email: admin@kislingburyanduptonbaptistchurch.org Tel: 07931436852

St Patrick's Catholic Church Duston

Public Mass is celebrated on Fridays and Sundays at 9.30 am and on Saturdays at 6pm Face coverings or masks must be worn in church at Mass Services from the cathedral are live streamed from https://northamptondiocese.org/live/

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